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Since 2005

(Sir Isaac Pitman's Shorthand)

Krishna Shorthand Institute

कृष्णा आशुलिपिक संस्थान

(English Only) By. A.V. Kushwaha

(For Govt. Jobs, SSC (Group D & C), Supreme Court, High Court, District Courts, ASRB, CRPF, Railway, CBSC & all other departments requiring "English Stenographer/ Personal Assistant/Private Secretary")

(87, Sulem Sarai, Prayagraj, Uttar Pradesh)

(Contact No. 7355504435)

English Shorthand grows with time — when you practice daily with patience and aim to achieve accuracy, your hand slowly builds muscle memory, hesitation disappears, and speed comes naturally as a result, not as a shortcut.

AV Kushwaha

*If you are not
upgrading, you are
downgrading.*

**These words occur in passage
frequently. So practice it at
least 30 times and then keep on
revising it occasionally once
every two week.**

Success Mantra!

**Practice of 350 Advance Phrases and Joining
(Total Words: 1193) For Speed Building/
Speed Boosting.**

**Note: Adopt advance outlines only when you
find them easy to understand and
transcribe without any confusion.**

How to practice it?

**First play audio and read all outlines. You
may also practice some outlines, one line
each, if you consider it difficult. Then
proceed to take dictations. If you can't
make the outlines together, make them
separately, but try not to leave any word
during dictation.**

Note: All outlines of Phrases and Words are given below the texts.

Advanced Phraseography/Joinings. Practice of it will drastically enhance/boost your speed and accuracy.

After carefully reading all the outlines provided in the PDF, you must practise this dictation by correctly joining the outlines as demonstrated in the PDF, at least once or twice. Once you become fully familiar with each outline, you may discontinue practising it as seen and switch to unseen audio dictation. While practising through audio dictation, ensure that all outlines are written accurately, neatly, and with proper fluency. As part of today's lesson, we have provided 350 phrases, comprising a total of 1,193 words. These phrases have been carefully selected to enhance your speed, improve accuracy, and develop familiarity with commonly used shorthand outlines.

Regular and consistent practice of these phrases will not only increase your writing

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speed but also improve smooth joining of outlines and build confidence in transcription.

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For Unseen Practice:

Note: After this phrases lists, outlines have also been given separately.

they would be able to, of those who are, of those who have, in position, in a position, in a better position, I am not in a position, we are in a position, they are in a position, we are not in a position, and I think the, need not be, that he would, Congress Party, ruling party, political parties, opposition parties, for some time, at some time, they have been, railway budget, we do not say, we do not see, from my mind, to my mind, in this respect, in some respects, in certain respects, in many respects, with respect to the,

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are being, as you know, up till now, in favour of the, in relation to the, in line with the, financial resources, capital resources, for the first time, at the same time, from time to time, unity of India, who has not been, which has not been, let us be, Himachal Pradesh, Madhya Pradesh, Uttar Pradesh, Tripura, Andhra Pradesh, anybody else, nobody else, as has been, as has been mentioned, it has been mentioned, I have mentioned, will be mentioned, above mentioned, they should have, I tell you, treasury benches, to find out, human resources, mineral resources, material resources, natural resources, much more than, here and there, here or there, point out, pointed out, before me, before us, it will have to be, on the subject, on this subject, it may be that the, in course of time, in due course of time, in the course of the, to deal with the, in dealing with the, have to be dealt with, I would therefore, as far as the, they would be able to, to improve the, to meet the, first of all, I can assure you, later on, if it is, with each other, much better than, what should be the, lakhs of rupees, crores

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of rupees, on their own, throughout the country, inside the country, outside the country, parts of India, in many parts of India, parts of the world, in many parts of the world, in different parts of the country, part and parcel, national life, political life, social life, economic life, public life, year to year, year after year, in spite of, instead of, in respect of, to look after the, looks after the, take into account, taken into account, taking into account, will be taken into account, would be taken into account, during the last, during the last year, in different parts of the world, in many parts of the country, in other parts of the country, in other parts of the world, large parts of the country, large parts of the world, by all means, by no means, by means of, whenever there is, become necessary, became necessary, rules and regulations, so as to make the, I would like to know, in collaboration with the, in cooperation with the, in the near future, we have not been, I thank you, once again, there again, here again, during the last few years, during the last few months, during the last few

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weeks, during the last few days, during the last five years, during the last five-year plan, is being done, has taken place, in the minds of the, I would say that, in some cases, in many cases, in certain cases, in certain other cases, rural industries, large-scale industries, small-scale industries, cottage industries, cottage and small-scale industries, should have been, should not have been, I am glad that the, I am glad to say that the, I am very glad to say that the, I am happy to say that the, I am very happy to say that the, I am sorry to say that the, I am very sorry to say that the, so-called, they are, they are able to, they are not able to, ways and means, weaker sections of the society, under the ministry of, in the ministry of, fundamental rights, directive principles, in the right direction, in this direction, in that direction, as large as, medical facilities, living conditions, economic conditions, in which there is, to say that, I am state that, inflationary pressures, in the light of the, I would ask the, on the other side, on this side, what would happen, I need not, I need not

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to say, subject matter, they may not be, there may not be, there cannot be, there will not be, it may not be, as much as, so much so, we are not able to, keep in mind, bear in mind, born in mind, will have to be done, to go into the, are proposed to be, as proposed, I may, I am also, I would like to say a few words, by the end of the, at the end of the, towards the end of the, at the outset, at the very outset, with regard to this matter, and there have been, that there may be, and that is why, educational facilities, housing facilities, it cannot be, it will not be, for an exchange, for an exchange position, to meet the requirements, on the basis of the, had not been, it has not been, to believe that, urge upon the, first and foremost, I do not wish to say, at that stage, at this stage, during the past year, some sort of, which will not be, whatever may be the, I have no doubt, on account of the, into consideration, to take into consideration, taking into consideration, should be taken into consideration, must be taken into consideration, to be taken into consideration, are taken into

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consideration, with reference to the, would be able to, I have not been, we will be able to, we can have, policy of the government, we do not have the, in the earlier stages, we should be given, they would not be, from their own, we would not have, we would not have been, in our country, defence forces, air force, let us remember that, as it is, which may be able to, which are being, as a result, as a result of, with the result that the, in the case of the, State Bank of India, Reserve Bank of India, in the long run, industrial enterprises, large part of the, large number of the, additional taxation, last time, to carry on, whether or not, certain amount, any objection, no objection, I have no objection, which have not been, who have not been, equity shares, preference shares, stocks and shares, stock exchange, paid up capital, over a number of years, I have heard, we have heard, as well as the, I would not be, never been, they have been, any longer, no longer, of the order of, of its own, armed forces, very seriously, friendly relations, neighbourly relations, industrial

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relations, it is no doubt, what is the, as many as, I was told, cost of production, we will not be able to, we would not be able to, we could not, countries of the world, rest of the world, taken over the, that he is, human being, human beings, you will remember, to have been, are to be, in such matters, in the matter of the, insurance policies.

Total Words: 1193

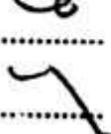
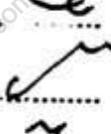
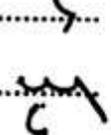
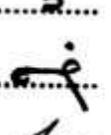
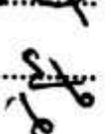
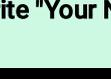
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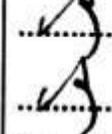
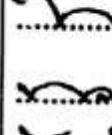
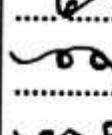
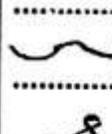
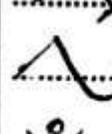
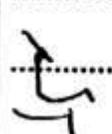
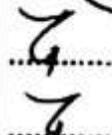
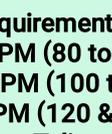
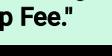
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 they would be able to
 of those who are
 of those who have
 in position
 in a position
 in a better position
 I am not in a position
 we are in a position
 they are in a position
 we are not in a position
 and I think the
 need not be
 that he would
 Congress Party
 ruling party
 political parties
 Opposition parties
 for some time
 at some time

 they have been
 Railway Budget
 we do not say
 we do not see
 from my mind
 to my mind
 in this respect
 in some respects
 in certain respects
 in many respects
 with respect to the
 are being
 as you know
 up till now
 in favour of the
 in relation to the
 in line with the
 financial resources
 capital resources

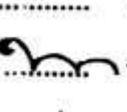
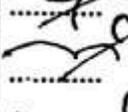
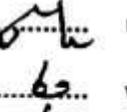
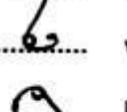
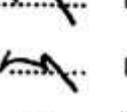
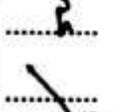
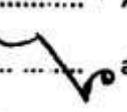
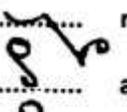
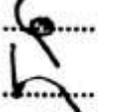
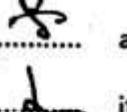
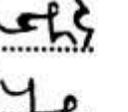
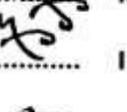
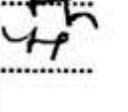
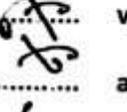
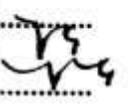
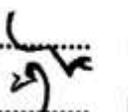
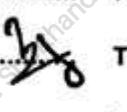
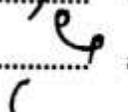
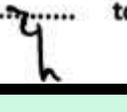
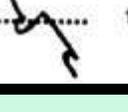
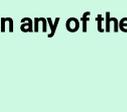
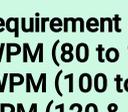
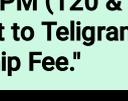
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..... 	for the first time 	human resources
..... 	at the same time 	mineral resources
..... 	from time to time 	material resources
..... 	unity of India 	natural resources
..... 	who has not been 	much more than
..... 	which has not been 	here and there
..... 	let us be 	here or there
..... 	Himachal Pradesh 	point out
..... 	Madhya Pradesh 	pointed out
..... 	Uttar Pradesh 	before me
..... 	Tripura 	before us
..... 	Andhra Pradesh 	it will have to be
..... 	anybody else 	on the subject
..... 	nobody else 	on this subject
..... 	as has been 	it may be that the
..... 	as has been mentioned 	in course of time
..... 	it has been mentioned 	in due course of time
..... 	I have mentioned 	In the course of the
..... 	will be mentioned 	to deal with the
..... 	above mentioned 	in dealing with the
..... 	they should have 	have to be dealt with
..... 	I tell you 	I would therefore
..... 	Treasury Benches 	as far as the
..... 	to find out 	they would be able to

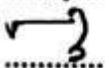
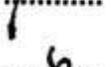
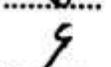
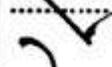
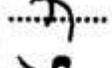
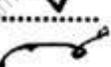
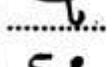
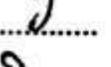
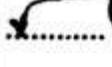
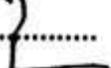
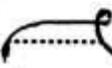
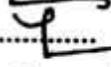
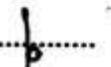
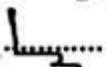
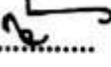
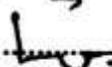
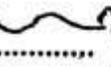
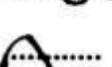
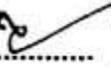
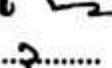
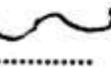
You may join any of the following Batches as per your requirement at the cost of Rs. 400/- per month only:

- (i) Batch No. 1, 80 WPM (80 to 100)
- (ii) Batch No. 2, 100 WPM (100 to 120)
- (iii) Batch No. 3, 120 WPM (120 & above)

To get groups link, write "Your Name" & "Batch" preference and send it to Teligram No. 7355504435 along with the "Screen Shot" of the "Membership Fee."

Advanced Phraseography/Joinings. Practice of it will drastically enhance/boost your speed and accuracy.

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	to improve the		part and parcel
	to meet the		national life
	first of all		political life
	I can assure you		social life
	later on		economic life
	if it is		public life
	with each other		year to year
	much better than		year after year
	what should be the		in spite of
	lakhs of rupees		instead of
	crores of rupees		in respect of
	on their own		to look after the
	throughout the country		looks after the
	inside the country		take into account
	outside the country		taken into account
	parts of India		taking into account
	in many parts of India		will be taken into account
	parts of the world		would be taken into account
	in many parts of the world		during the last
	in different parts of the country		during the last year

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..... in different parts of the world during the last few years
..... in many parts of the country during the last few months
..... in other parts of the country during the last few weeks
..... in other parts of the world during the last few days
..... large parts of the country during the last five years
..... large parts of the world during the last Five Year Plan
..... by all means is being done
..... by no means has taken place
..... by means of in the minds of the
..... whenever there is I would say that
..... become necessary in some cases
..... became necessary in many cases
..... rules and regulations in certain cases
..... so as to make the in certain other cases
..... I would like to know rural industries
..... in collaboration with the large-scale industries (H)
..... in cooperation with the small-scale industries (H)
..... in the near future cottage industries
..... we have not been cottage and small-scale Industries (H)
..... I thank you should have been
..... once again should not have been
..... there again I am glad that the
..... here again	

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.....	I am glad to say that the	medical facilities
.....	I am very glad to say that the	living conditions
.....	I am happy to say that the	economic conditions
.....	I am very happy to say that the	in which there is
.....	I am sorry to say that the	to say that
.....	I am very sorry to say that the	I am state that
.....	so-called (H)	inflationary pressures
.....	they are	in the light of the
.....	they are able to	I would ask the
.....	they are not able to	on the other side
.....	ways and means	on this side
.....	weaker sections of the society	what would happen
.....	under the Ministry of	I need not
.....	in the Ministry of	I need not to say
.....	Fundamental Rights	subject matter
.....	Directive Principles	they may not be
.....	in the right direction	there may not be
.....	in this direction	there cannot be
.....	in that direction	there will not be
.....	as large as	it may not be

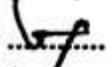
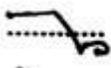
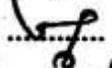
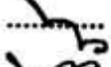
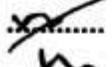
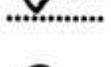
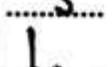
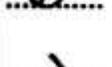
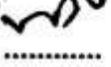
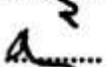
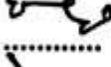
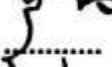
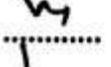
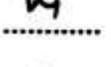
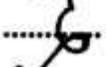
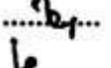
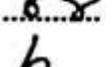
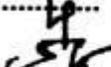
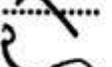
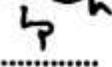
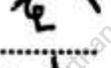
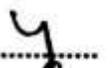
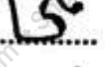
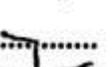
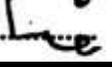
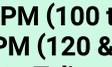
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	as much as		it cannot be
	so much so		it will not be
	we are not able to		foreign exchange
	keep in mind		foreign exchange position
	bear in mind		to meet the requirements
	borne in mind		on the basis of the
	will have to be done		had not been
	to go into the		it has not been
	are proposed to be		to believe that
	as proposed		urge upon the
	I may/am also		first and foremost
	I would like to say a few words		I do not wish to say
	by the end of the		at that stage
	at the end of the		at this stage
	towards the end of the		during the past year
	at the outset		some sort of
	at the very outset		which will not be
	with regard to this matter		whatever may be the
	and there have been		I have no doubt
	that there may be		on account of the
	and that is why		into consideration
	educational facilities		to take into consideration
	housing facilities		taking into consideration

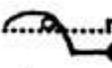
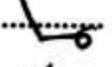
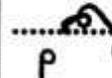
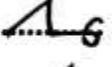
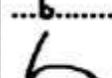
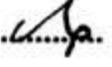
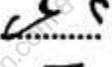
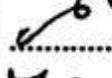
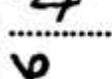
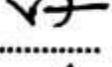
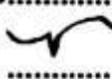
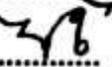
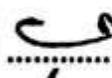
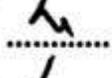
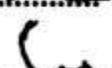
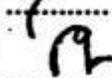
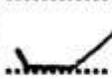
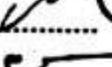
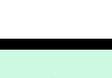
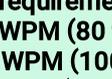
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	should be taken into consideration		Defence Forces
	must be taken into consideration		Air Force
	to be taken into consideration		let us remember that
	are taken into consideration		as it is
	with reference to the		which may be able to
	would be able to		which are being
	I have not been		as a result
	we will be able to		as a result of
	we can have		with the result that the
	policy of the Government		in the case of the
	we do not have the		State Bank of India
	in the earlier stages		Reserve bank of India
	we should be given		in the long run
	they would not be		industrial enterprises
	from their own		large part of the
	we would not have		large number of the
	we would not have been		additional taxation
	in our country		last time
			to carry on

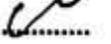
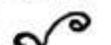
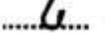
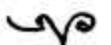
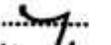
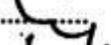
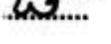
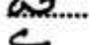
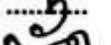
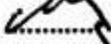
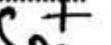
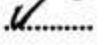
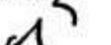
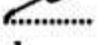
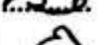
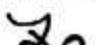
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	whether or not		very seriously
	certain amount		friendly relations
	any objection		neighbourly relations
	no objection		industrial relations
	I have no objection		it is no doubt
	which have not been		what is the
	who have not been		as many as
	equity shares		I was told
	preference shares		cost of production
	stocks and shares		we will not be able to
	stock exchange		we would not be able to
	paid up-capital (H)		we could not
	over a number of years		countries of the world
	I have heard		rest of the world
	we have heard		taken over the
	as well as the		that he is
	I would not be		human being
	never been		human beings
	they have been		you will remember
	any longer		to have been
	no longer		are to be
	of the order of		in such matters
	of its own		in the matter of the
	Armed Forces		insurance policies

Total : 350 Phrases (1193 Words)